Combining TimeBanks with Wraparound for Positive Results

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Why Combine Wraparound with TimeBanks?

- Recognizes the strengths , talents, and contributions of all individuals and groups involved

- Provides a community for youth and families to meet their basic needs and make social connections

- Increased access additional resources and natural supports

- Strengthens volunteer and workforce capacity

- Promotes cost savings

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What is a TimeBank?

A TimeBank is a 'community of caring'

Members form a network of relationships

– helping each other – as persons, groups associations and organizations

– building trust and a sense of community through exchange projects and events

– making transformational change

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Where Are TimeBanks?

- The first TimeBanks began in 1987
- TimeBanks USA was founded in 1995
- TimeBanks have spread to 40 nations
- TimeBanking is in 42 states
- The TimeBank network is expanding and evolving

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Core Principles & Values

Assets: *We are all assets*.

We all have something to give.

Redefining Work: Some work is beyond price.

Work has to be redefined to value whatever it takes to raise Healthy children, build strong families, revitalize neighborhoods, make democracy work, advance social justice, make the planet sustainable. That kind of work needs to be honored, recorded, and rewarded.

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Core Principles & Values

Reciprocity: Helping works better as a two-way street.

The question: "How can I help you?" needs to change so we ask: "How can we help each other build the world we both will live in?"

Social Networks: We need each other.

Networks are stronger than individuals. People helping each other reweave communities of support, strength & trust. Community is built upon sinking roots, building trust, creating networks. Special relationships are built on commitment.

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Core Principles & Values

Respect: Every human being matters.

Respect underlies freedom of speech, freedom of religion, and everything we value.   Respect supplies The heart and soul of democracy. When respect is denied to anyone, we all are injured. We must respect Where people are in the moment, not where we hope they will be at some future point.

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Create A Circle of Giving

Paying it Forward

- **TimeBanks use Time Hours as a medium of exchange to create a circle of giving**

- **One hour given in service to others = One Time Hour earned**

- **Members use Time Hours earned to receive services from others**

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What to Give, What to Receive

The possibilities are endless – here are some examples:

- Transportation (errands, shopping, medical, worship, local, public, long distance, miscellaneous)

- Help at Home (child care, cooking, sewing, hair & beauty, housekeeping, chores, pet care, respite, etc.)

- Companionship (dining, clubs, email & IM, home visits, telephone calls, visiting, medical trips, etc.)

- Wellness (complementary therapy, counseling, diet & nutrition, fitness, exercise, meditation, yoga, etc.)

- Recreation (dancing, games, events, books, videos, sports, travel, walking, tours, etc.)

And there's more…..

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What to Give, What to Receive

- [Education](#) (advocacy, classes, workshops, computers, language, finances, tutoring, mentoring, etc.)

- [Arts, Crafts, Music](#) (classes, workshops, entertainment, photo, theater, lessons, miscellaneous)

- [Home Care](#) (house-sitting, carpentry, electrical, garden, yard work, painting, plumbing, car care, etc.)

- [Business Services](#) (clerical, computer support, financial, legal, marketing, research, translation, etc.)

- [Information](#) (medical, transport, services, education, community, vendors, service providers, etc.)

And there could be more…..

The possibilities are limited only by our imaginations!

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The Power of TimeBanking

- Circles of giving & receiving expand and deepen over time

- TimeBanks draw together people of different generations, ethnicities, backgrounds, and income levels through the five core values/principles

- Build trust, capacity, hope

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The Power of Co-Production

- **Partnering in 2 ways for systems change:**

The money economy *and* the "core" economy of home, family and community

Service systems and professionals *and* the clients they serve

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Co-Production Fidelity Tool

ASSETS "Clients/members…"	Never		Scale Sometimes		Always	Score
1. Are asked what they can do for others.	1	2	3	4	5	
2. Are supported in identifying ways they can help others.	1	2	3	4	5	
3. Skills in surviving in the world or in daily life are valued as an asset.	1	2	3	4	5	
4. Background, language, culture regarded as asset.	1	2	3	4	5	
WORK "Your group or organization…"	Never		Scale Sometimes		Always	Score
1. Records contributions by recipients/members.	1	2	3	4	5	
2. Rewards contributions by recipients/members.	1	2	3	4	5	
3. Values as work recipient/ member input about needs and solutions.	1	2	3	4	5	
4. Budgets funds to provide rewards or incentives.	1	2	3	4	5	

Co-Production Fidelity Tool

RECIPROCITY "Clients/members…"	Scale Never	Sometimes		Always		Score
1. Are supported in finding ways to help others in return for services.	1	2	3	4	5	
2. Help to further the organization's mission.	1	2	3	4	5	
3. Are informed of policy procedures or programs promoting reciprocity.	1	2	3	4	5	
4. Know there is a key person recording and managing exchanges.	1	2	3	4	5	
COMMUNITY "Your Group or Organization…"	Scale Never	Sometimes		Always		Score
1. Fosters trust relationships while respecting privacy.	1	2	3	4	5	
2. Organizes informal support and peer groups or extended families.	1	2	3	4	5	
3. Supports social events/celebrations by clients and peer groups.	1	2	3	4	5	
4. Creates enduring community-based institutions or traditions.	1	2	3	4	5	

Co-Production Fidelity Tool

RESPECT	"Your Group or Organization…"	Never	Scale Sometimes		Always		Score
1.	Creates forums for voices of clients, members, families, community.	1	2	3	4	5	
2.	Makes resources available to recipients/members seeking to mobilize .	1	2	3	4	5	
3.	Partners with community to hold officials or others accountable.	1	2	3	4	5	
4.	Alters practices/priorities in response to views of clients/community.	1	2	3	4	5	

Total = 20 - 40   It's not there
Total = 40 - 60   Starting out   TOTAL SCORE :____
Total = 60 - 80   On the way
Total = 80 - 100   Going strong….

An Example of A Large TimeBank Map

(Courtesy of Stephanie Rearick, Founder, Dane County TimeBank)

Faith-based Organizations
- Congregations and members become mentors
- Sponsorship of events

Organizations carry out mission and increase impacts in community

Social Services
- Developmental programs
- Home-based support
- Elderly, youth & child care
- Tutoring & enrichment

Enlist persons to help each other and build community

Community Centers
Provide activities, give credits for:
- Skills training,
- Classes and workshops
- Peer tutoring / ESL, etc
- Child and youth care
- Sports and games
- Group events
- Host clubs

Facilitate interaction, involvement, interdependence in center, groups and community

Community TimeBank
Connecting members, different organizations and sectors for needed services, weaving relations, creating community

Juvenile/Criminal Justice
- Youth courts – jury of peers and learning
- Drug/STD prevention, education, treatmen,
- Informal support networks for persons returning home from prison

Help integrate these persons into community, build skills, create success experiences

Public & Private Institutions
Schools
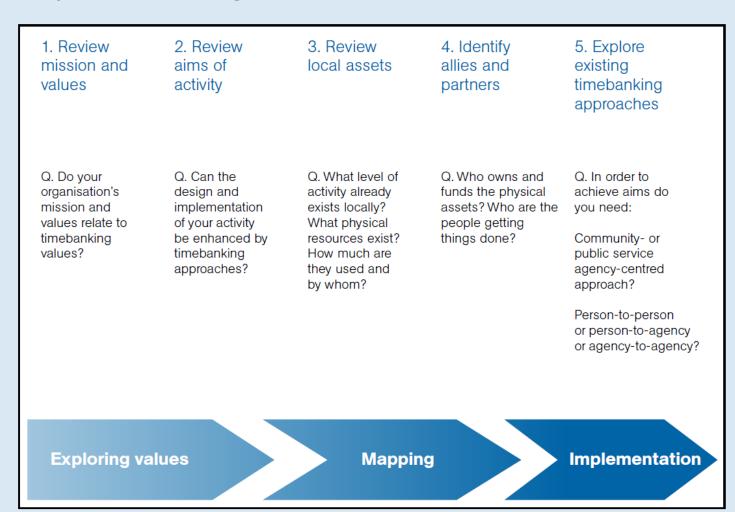- Cross-age tutoring, mentoring and support activities
City
- Accept for bus tickets
- Sponsor community events
- Volunteer programs and roles
County
- Supplement social and city services
- Community and group affairs/events
- Volunteer programs and roles
Other
- Stretch public funds by enlisting TimeBank members, increase accessibility of services

Arts Organizations
- Artists working in community – after school, community centers, projects, workshops, courses and training

Artists earn, youth learn, more exposure of community to art

Local Business
- Accept credits, discounts or coupons
- Participate in mentoring
- Supplement wages
- Use local source services

Link businesses & non-profits, boost purchasing & loyalty

Exploring TimeBanks with Wraparound

Figure 4. Steps towards timebanking

1. Review mission and values	2. Review aims of activity	3. Review local assets	4. Identify allies and partners	5. Explore existing timebanking approaches
Q. Do your organisation's mission and values relate to timebanking values?	Q. Can the design and implementation of your activity be enhanced by timebanking approaches?	Q. What level of activity already exists locally? What physical resources exist? How much are they used and by whom?	Q. Who owns and funds the physical assets? Who are the people getting things done?	Q. In order to achieve aims do you need: Community- or public service agency-centred approach? Person-to-person or person-to-agency or agency-to-agency?

Exploring values → **Mapping** → **Implementation**

New Economics Foundation-New Wealth of Time

Mental Health and Well-Being Impact Assessment-Lambeth Council (2006)

Four key areas that promote and protect mental well-being are identified:

- •1. Enhancing control
- •2. Reducing anxiety
- •3. Facilitating participation
- •4. Promoting inclusion

MWIA helps participants identify key things about a policy, program or service that impact on feelings of control, anxiety, participation and inclusion and therefore their mental health and well-being. In this way the toolkit enables a causal link to be made between policies, programs or service and mental well-being, that can then be measured.
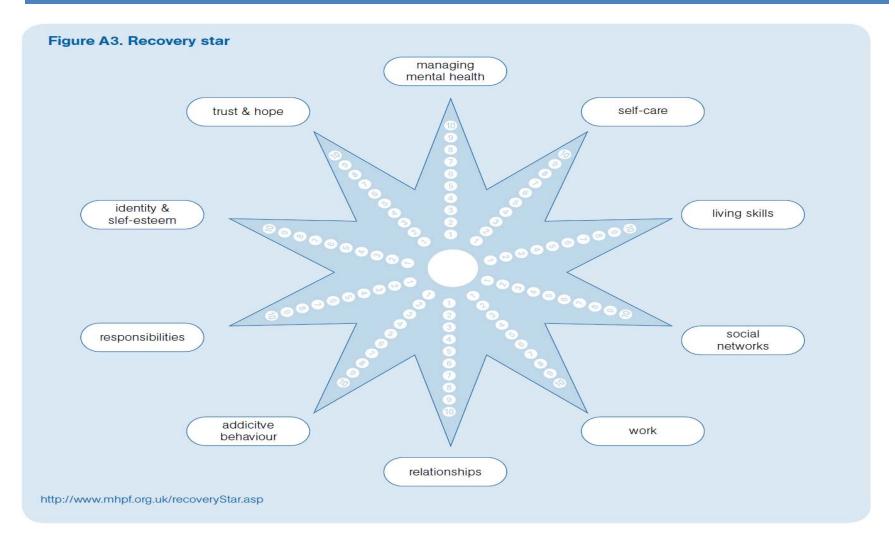
New Economics Foundation-New Wealth of Time

MWIA Assessment Measures

Table A1. Indicators of mental well-being for Clapham Park Time Bank

MWIA area	Increasing control	Reducing anxiety	Participation and inclusion
Key determinant	Control over influencing things	Being involved in your community.	Giving access to informal support – friends, groups.
Activities	Sharing an idea with a group of people	Giving your time and talents	Coffee in any weekly meeting
	Moving it forward yourself	Other people donating their time and talents	Time credit system
	People understand what their skills are worth	'Feeling' wanted	Open days
		Meeting needs.	Outings
Indicator	New members (further afield).	New projects develop within time bank by local people to full capacity	Commitment to the time bank
	Greater partnerships – local, national and international.	Local people's involvement	

Outcomes: Recovery Star

The outcomes recovery star enables the organizations to measure change across a range of service utilizers and projects

Figure A3. Recovery star

http://www.mhpf.org.uk/recoveryStar.asp

New Economics Foundation-New Wealth of Time

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Community Weaver Prototype on Drupal (with Open API)

Neighborhood Informaiton | Quick Link 2 | Latest Newsletter | Christmas Eve Party!

Welcome

Upcoming Events

No upcoming events posted.

Featured Events
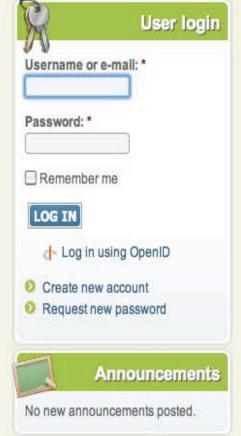
No upcoming events posted.

The Friendly Neighborhood TimeBank was started in 2012 with three main goals:

- Strengthen the fabric of our community.
- Serve people and give them a means to serve.
- Establish new relationships and meet real needs of our community members.
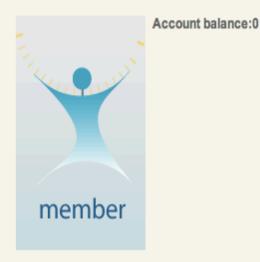
We recognize that each person has talents to share, and that the overall community is strengthened when neighbors help one another. For every hour that you help meet the needs of another member, you earn a time credit for the exchange. This time credit can then be redeemed for services from others, and the cycle of .

Getting Started with our TimeBank:

- Create a login and fill out your member profile.
- Attend an orientation or complete an online orientation.
- Post some skills and talents you have to offer other members.

User login

Username or e-mail: *

Password: *

☐ Remember me

LOG IN

🔑 Log in using OpenID

- Create new account
- Request new password

Announcements

No new announcements posted.

TimeBanks Member ✉

Account balance:0

member

Member for 6 min 42 sec
Last login 3 min 18 sec ago

Availability

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
		✓		✓		✓	
	✓	✓	✓	✓	✓	✓	✓
		✓	✓	✓	✓		

Affiliations

- Denver Metro
- TimeBanks USA

Help and Support:

- I can help with Community Driving
- I can help with Group Projects

New Messages

You have no NEW messages in your inbox.

[View All Your Messages]

About Me

I am looking forward to offering and exchanging services with you!

Current Offers

Post a new Offer of a Service

Sorry. No service ad listings found.

Current Requests

Post a new Request for a Service

Sorry. No service ad listings found.

TimeBank's

Community Weaver Prototype on Drupal (with Open API)

Neighborhood Informaiton

Christmas Eve Party!

Latest Newsletter | ...y May 21st!

View All Requests

View All Offers

View All Service Ads

View All Members

Post a Service Ad

Record an Exchange

...mber | Log out

Home » Give & Receive

Give & Receive

Browse All Requests

Browse All Offers

Search All Service Ads

Transportation (3)
» Errands / Shopping (0)
» Local (0)
» Long Distance (0)
» Medical (1)
» Train / Bus / Airport (0)
» Worship (0)
» Miscellaneous (0)

Help At Home (0)
» Child Care (1)
» Cooking & Sewing (1)
» Hair & Beauty (0)
» Housekeeping / Chores (0)
» Pet Care (3)
» Respite Care (0)
» Miscellaneous (2)

Companionship (0)
» Clubs (0)
» Dining Out (0)
» Email / IM (0)
» Home Visits (0)
» Medical Errands (0)
» Telephone Calls (0)
» Miscellaneous (0)

Community Activities (4)
» Clean-up / Recycling (0)
» Community Service (0)
» Fund-raising (0)
» Help Our TimeBank! (0)
» Special Projects (0)
» Work For Social Change (0)
» Miscellaneous (0)

Wellness (7)
» Complementary Therapies (0)
» Counseling (0)
» Diet & Nutrition (0)
» Fitness & Exercise (1)
» Medical Services (0)
» Yoga / Meditation (2)
» Miscellaneous (1)

Recreation (0)
» Books & Videos (0)
» Dancing (0)
» Events (0)
» Games (0)
» Sports (0)
» Travel (0)
» Miscellaneous (0)

SEARCH

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HOME | GIVE & RECEIVE | MY ACCOUNT

Community Weaver Prototype on Drupal (with Open API)

Neighborhood Informaiton
Christmas Eve Party!

View All Requests
View All Offers
View All Service Ads
View All Members
Post a Service Ad
Record an Exchange

Latest Newsletter |
...ay May 21st!

...mber | Log out

Home » Give & Receive » Post a Service Ad

Enter a short meaningful title for your Service Ad. For example, Piano Lessons, Computer Repair (Windows only), Need Meals Cooked, Babysitting, etc.

Be sure to include details like your proficiency (pro, amateur).

For Requests: indicate level of urgency.

For Offers: indicate quantity per month.

Ad Type: *

○ Offer
◉ Request

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Community Weaver Prototype on Drupal (with Open API)

Neighborhood Informaiton | Quick Link 2 | L
Christmas Eve Party! | Tile Festival on Sat

Home » Users

TimeBanks Member | Log out

Hours & Transactions for sara_laila

Hours & Activity History

Account balance:0

Service performed	Date Service Performed	Other user	Earned	Spent
Ate the cookies	June 23, 2011	TimeBanks Manual	2.75 hrs	
Drove me to get some cookies	June 23, 2011	TimeBanks Manual	1.25 hrs	
Ate her cookies	June 20, 2011	TimeBanks Manual		4.25 hrs
Ate her cookies	June 20, 2011	TimeBanks Manual		6.25 hrs
She taught me a language	June 8, 2011	TimeBanks Manual	3.00 hrs	
Ate my cookies	June 8, 2011	TimeBanks Manual		3.00 hrs

TimeBanks

Community Weaver Prototype on Drupal (with Open API)

Neighborhood Informaiton | Quick Link 2 | Latest Newsletter |
Christmas Eve Party! | Tile Festival on Saturday May 21st!

Home » Add New Content

TimeBanks Manual | Log out

Coordinator Control Panel

Add New Content

- Add a New Member
- Add a new Web Page
- Add a new Community Event
- Add an Alert to the Home Page
- Add an Announcement to the Home Page

Edit Web Site Content

- Edit an Existing Alert
- Edit an Existing Announcement
- Edit an Existing Web Page

Customize Your Timebank

- Edit Home Page Text

Members

- Search for a user by Username or Email
- Search for Member by First or Last Name
- Member Roster (XLS)
- Member Balances (XLS)
- Member Activity Summary
- Edit Roles/Permissions of Multiple Users
- Members without Transactions
- New Members - RSS Feed

Service Ads

- All Recent Service Ad Listings (RSS)
- Offers (RSS & XLS)
- Requests (RSS & XLS)
- Expired Service Ads

Transactions

- Record a Transaction between 2 Members
- Record a Transaction between MANY USERS
- Transaction History (RSS & XLS)
- Frequently Exchanged Services

Users Awaiting Approval of their Membership

No users are awaiting approval.

Key Ingredients

- Leadership, Governance, and Core Group of Interest

- Mission, Vision and Strategic Direction

- Infrastructure-Program Model and Approach

- Funding Support and/or Fee Structures: Fiscal Accountability

- Community Weaver Software, website, and/or paper directories

- Coordinators, Staff, and Helpers: Volunteer or Paid

- Outreach and marketing: Materials and Media

Key Ingredients

- Policies and Procedures- "Structure, Process, Liabilities and Ensuring a Safe Community"

- Enrollment and Orientation

- References and Background Checks

- CIMA Volunteer Insurance/ Liability Insurance

- Building Assets, matching and connecting individuals

- Social Events: Building Trust and Relationships

- Special Projects, Partnership & Co-Production

- Evaluation: Data, Outcomes, Success Stories, and Quality Assurance

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TimeBanks USA Offers

- Community Weaver 2.0 Community Network Software
- Network of TimeBanks supporting and learning from one another to create a united movement.
- Ongoing distance Learning Opportunities: Website, Teleconference, Discussion groups, and Webinars
- TimeBanks Institutes is committed to furthering the innovative and best practices in the field of TimeBanking and evaluating the effectiveness of over 300 TimeBanks worldwide.
- Customized Training and Technical Assistance and Partnership Initiatives
- Bi-annual International Conference

Want To Know More?

Check out
www.timebanks.org

Or phone:
202-686-5200
Lisa Conlan, CEO

For connections, materials, information

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