

Youth TimeBank members participate via service exchanges: person (group)-to-person, person (group)-to-organization, and organization-to-organization -- to earn TimeBank credits.

- **Person/Group-to-Person**
Providing an hour of yard work, assembling a product, organizing photos, preparing food, walking a dog, writing an essay, sending a notecard, etc.
- **Person/Group-to-Organization** Helping at a local food bank, volunteering at a local library, being a pen pal, helping at a special event, ushering at community theater, etc.
- **Organization-to-Organization** Timebanks help Care Management Organizations, Family Support Organizations, Family Success Centers and other organizations to work better together by sharing conference room space, use of projection equipment, training, sharing school supplies, etc.



Timebanking was created by Edgar Cahn in 1980 and is used worldwide by youth, community, and seniors-serving programs.

Examples, research, videos, and stories of the transformative power of TimeBanking:

TimeBanks USA www.timebanks.org
hOurworld www.hourworld.org
FixingTheFuture www.pbs.org/now/fixingthe-future/community.html

- * Help Someone
- * Meet People
- * Explore Community



Youth TimeBanking

Life works better
with Community
Connections &
Informal Supports

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- * Meet People
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How Youth TimeBanking Works

YTB members agree to help another person or organization with a service activity.

Perform a Service ...

- Usher at community theater
- Cook a meal, prepare food
- Write a notecard or essay
- Participate in park clean-up
- Help at library or foodbank

Or Experience something new

- Obtain Government ID
- Participate in Talent Show
- Join a school club
- Attend a concert at the library

Or Learn something new

- Take photography course
- Learn CPR or first aid
- Achieve an exercise goal
- Attend a town meeting

Core Values of Timebanking

1. We are all assets.
2. Some work is beyond price
3. Working "with" each other is better than doing things "for" each other.
4. We need social networks and community.
5. Every person matters and deserves our respect.



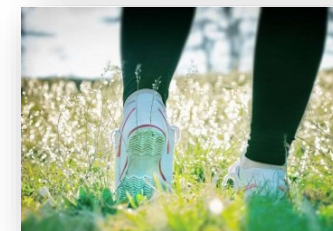
TimeBanking & Wraparound

Wraparound is based on teams that include "informal" supports. These are people with non-professional relationships with youth, such as relatives, friends, neighbors, and others.

When youth & families participate in TimeBanking, they develop lasting relationships that continue after involvement with the formal system ends. They also gain opportunities to create value with their time and make community connections.

Get Started with Youth TimeBank

- 1) Review YTB brochure with your team.
- 2) Ask your Care Manager to find out what services activities are nearby.
- 3) Tell your CFT about your interest in trying YTB for 10 hours.
- 4) Include YTB activity in your Community Plan.
- 5) Get help from your team to complete YTB service activities.



Try YTB, explore your community, meet people who care about what's going on around you, earn 10 TimeBank credits, receive your gift card – continue to build your community plan!