

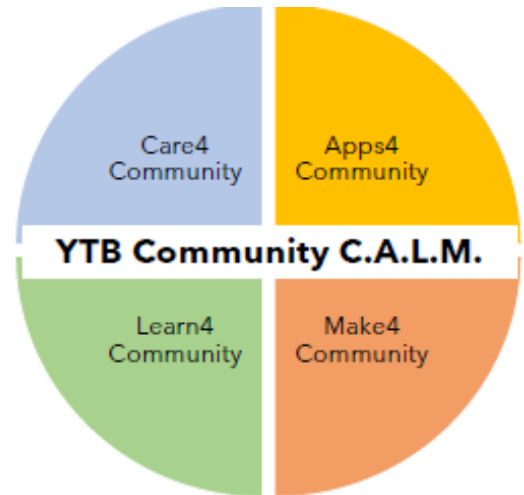
Youth TimeBanking (YTB) – Community C.A.L.M.

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*Community C.A.L.M. * Care/ Apps/ Learn/ Make 4 Community*

YTB Community C.A.L.M. is a community engagement program based on youth-adult partnership in which youths/students earn YTB credits for their work on projects that provide opportunities for giving, receiving, and building community connections.

YTB Community C.A.L.M. develops youth strengths, increases social capital, and flags unmet needs.



YTB Community C.A.L.M. is an approach to Positive Youth Development.

The Forum For Youth Investment (Forum FYI) and Assets Coming Together (ACT) for Youth tell us that for youth to successfully transition to adulthood they not only need to be “problem free”, not only need to be “fully prepared” – they ultimately need to be more fully engaged with community. Youth need “S.O.S.” or Services, Opportunities, and Supports to form community connections. YTB Community C.A.L.M. provides additional community engagement opportunities for students. YTB also provides opportunities for youth to be supported by peers, “near peers”, and adults.

Examples of what youth can do to be involved, contribute, learn, connect, and be recognized via YTB Community C.A.L.M.



- **Care4Community** – SERVE – activities that provide a service or contribution.
Examples: write postcards, work in community garden, support an animal sanctuary, collect socks for donation, assist with playground/park clean-up, help run an event.
- **Apps4Community** – DESIGN – activities done online or with field technology (photo, video).
Examples: design-edit: graphics, logos, digital maps, posters, video-photo-audio, data visuals, technical support, build a web page, create a survey.
- **Learn4Community** – CONNECT – activities for digital inclusion/literacy, community awareness.
Examples: Little Free Library (LFL steward), virtual tour animal sanctuary, online workshop, Badgr.com digital badges, interview an expert, training.
- **Make4Community** – BUILD – activities using tools or equipment to make physical things.
Examples: “Hat Not Hate” Anti-Bullying (knit, crochet), name bracelets, paint “book bricks”, create a YTB Passport Checklist for Community Service, make signs for animal sanctuary.

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YTB Frequently Asked Questions

<p>What is YTB? Youth as ChangeMaker</p>	<p>YTB is a program for youth to <u>build community</u>, <u>do things for others</u>, and <u>earn YTB credits</u>. The credits can be used for a chance to experience something new or for help with something they need like cell phone minutes, school supplies, sports gear, arts-crafts, books, or apps.</p>
<p>Who participates in YTB? Where are they?</p>	<p>YTB is for people 14-25 and Middle School, High School, & College students and friends. Those 18+ participate independently, others with their parent or school. YTB is in NJ, FL, CT, Jamaica. Similar programs are in England, New Zealand & other countries.</p>
<p>How long does YTB season run?</p>	<p>Youth have been involved for a 3-month season and others for part of year and even longer. Build One Strength each Season & earn YTB credits.</p>
<p>Is YTB a part-time job?</p>	<p>No. YTB is a way of being involved with community through giving and receiving.</p>
<p>Is YTB a reward for behavior?</p>	<p>No. YTB rewards service contributions, supports those involved & builds connections.</p>
<p>Is YTB volunteering?</p>	<p>No. YTB is giving and receiving through youth/adult partnerships and collaboration.</p>
<p>Do I do everything alone?</p>	<p>Youth can work on a YTB activity on their own, with a friend, or join a YTB online workshop.</p>
<p>What things can I do? Youth can recommend their ideas or try YTB's projects. YTB Community C.A.L.M.</p>	<p>Care activities involve helping, supporting, or serving others. <i>Examples:</i> write postcards, help in community garden, assist with park clean-up.</p> <p>Apps activities use technology either online, desktop software, or take-edit photos, videos. <i>Examples:</i> design logos, maps, posters; edit videos or photo gallery, record an interview.</p> <p>Learn activities involve digital inclusion, literacy, community awareness, virtual tours-training. <i>Examples:</i> Little Free Library (LFL Steward), Badgr.com, Virtual Tour of animal sanctuary.</p> <p>Make activities are done by hand or using tools to make physical things. <i>Examples:</i> "Hat Not Hate" Anti-Bullying (knit, crochet, loom kit), paint "book bricks", make signs for an animal sanctuary or letter-bead bracelets.</p>
<p>Is YTB free?</p>	<p>Yes, YTB is free, there is no cost for youth. YTB provides any supplies needed for projects.</p>
<p>Can I try YTB?</p>	<p>Yes. You make the decisions on what you want to do and how much you do.</p>

YTB is Innovative, Builds Community, Benefits Youth, Works Anywhere