## We Got You – You Got This!

Social Connection: Stories of Inclusion & Recovery



## **Social Connection Insights**

Neuroscientist Rose Perry, PhD, founder of *Social Creatures* 

Insights into supporting mental health through social connection and the many pathways to social connection.

## Music at 4:30pm

Concert & Conversation with Ricky Byrd, Rock & Roll Hall of Fame.

Hope and inspiration for those who struggle, and the warrior in each of us.





Assets \* Resources \* Energy

## **YTB Community CALM**

Care-Apps-Learn-Make for Community
Youth serve community & earn time credits.
Youth build strengths & social connections.
Sponsored by Youth TimeBanking (YTB)