

**We Got You – You Got This!**

**Social Connection: Stories of Inclusion & Recovery**  
Free Event

Sunday, 9 January 2022, 3:30pm-5:30pm ET

Register \* <https://tinyurl.com/registerJan9>



## Social Creatures

social  
connectedness

a state of feeling close and  
connected to another person  
or other people.

### Social Connection Insights

Neuroscientist Rose Perry, PhD,  
founder of [Social Creatures](#)

Insights into supporting  
mental health  
through social connection  
and the many pathways  
to social connection.

**Music at 4:30pm**

Concert & Conversation

with [Ricky Byrd](#),

Rock & Roll Hall of Fame.

*Hope and inspiration for  
those who struggle, and  
the warrior in each of us.*

# RICKY BYRD



**Youth**  
TimeBanking

Sponsored by [Youth TimeBanking \(YTB\)](#)

**YTB Community CALM**

*Care-Apps-Learn-Make* for Community  
Youth serve community & earn time credits.  
Youth build strengths & social connections.