

YTB is Youth TimeBanking

Opportunities for giving-receiving-connecting

YTB is a way for youth to make a difference by doing projects and service activities for others and earning reward credits for their work.

YTB is youth/adult partnership.

YTB is for Generation Z – YTB4GenZ, teenagers and young adults ages 14-25 or youth with parent or school support.

YTBARN.org



Youth



•ASSETS

•RESOURCES

•ENERGY

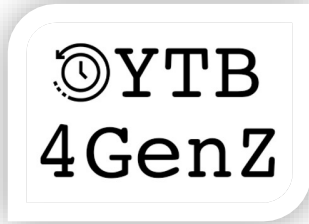
Youth A.R.E.

– Assets – Resources – Energy

YTB builds strengths & connections.

YTB is Community C.A.L.M.

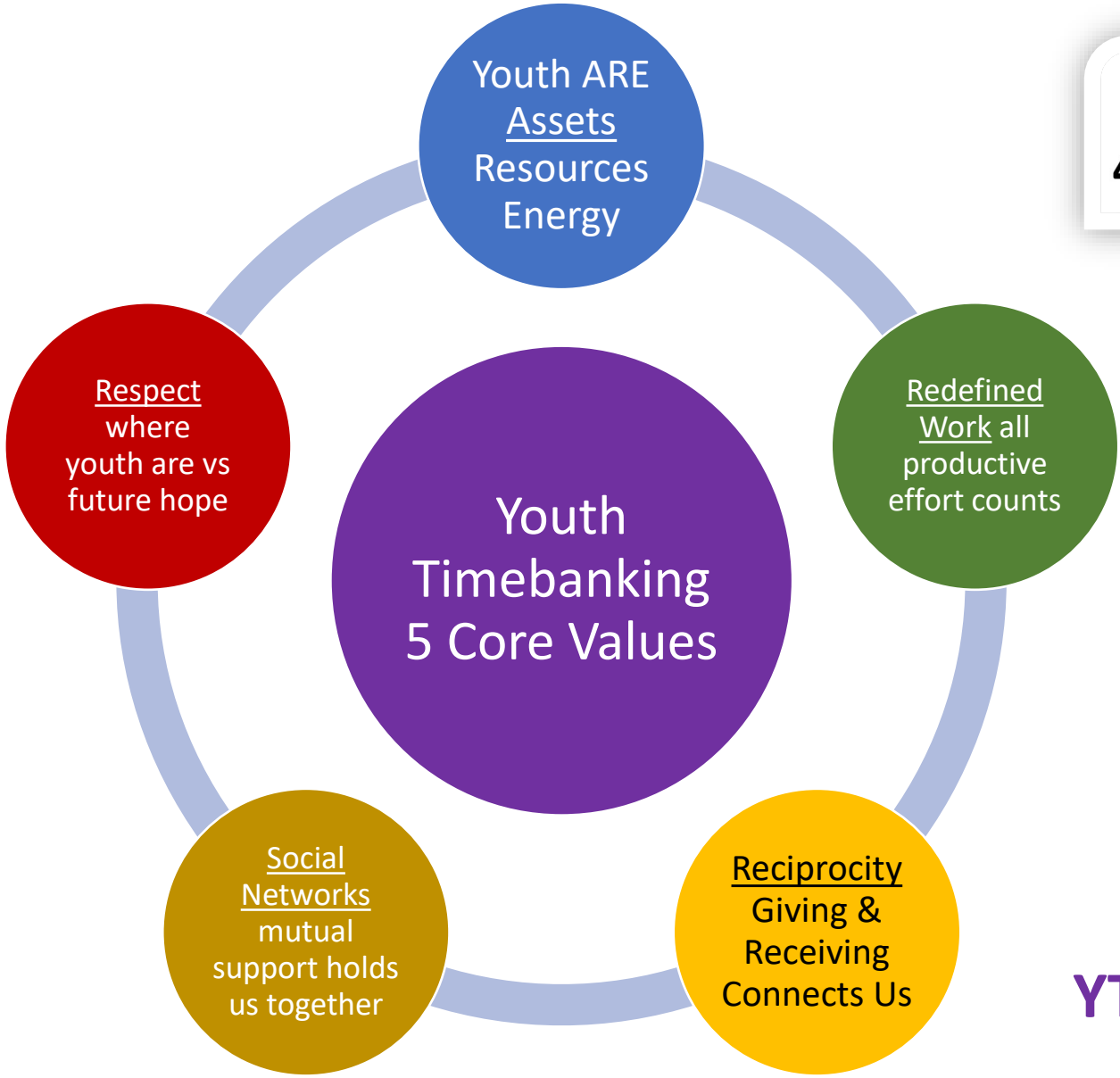
Care/**A**pps/**L**earn/**M**ake 4 Community



Youth
TimeBanking

5 Core Values

Multiple
Opportunities
for Community
Engagement





YTB

**For More
information**

YTB RN.org

**Facebook
/YTB NJ.org**

**Instagram
@YTB_NJ**

**YTB
4GenZ**

What is YTB? Youth as ChangeMaker	YTB is a program for youth to <u>build community</u> , <u>do things for others</u> , and <u>earn YTB credits</u> . The credits can be used for a chance to experience something new or for help with something they need like cell phone minutes, school supplies, sports gear, arts-crafts, books, or apps.
Who participates in YTB? Where are they?	YTB is for people 14-25 and Middle School, High School, & College students and friends. Those 18+ participate independently, others with their parent or through their school. YTB is in NJ, FL, CT, Jamaica. Similar programs are in England, New Zealand & other countries.
How long do youth stay involved with YTB?	Youth have been involved for 3-month seasons and others for part of year and even longer. Some participate when they can, take a break, and return. Build One Strength each Season.
Is YTB a part-time job?	No. YTB is a way of being involved with community through giving and receiving.
Is YTB a reward for behavior?	No. YTB rewards service contributions and supports those involved. YTB builds connections.
Is YTB the same as volunteering?	No. YTB is giving and receiving through youth/adult partnerships and collaboration.
Do I do everything alone?	Youth can work on a YTB activity on their own, with a friend, or join a YTB online workshop.
What things can I do? Youth can recommend their ideas or try YTB's projects. YTB Community C.A.L.M.	Care activities involve helping, supporting, or serving others in some way. <i>Examples:</i> write postcards, help in a community garden, assist with park clean-up. Apps activities use technology either online, desktop software, or take-edit photos, videos. <i>Examples:</i> design logos, maps, posters; edit videos or photo gallery, record an interview. Learn activities involve digital inclusion, literacy, community awareness, virtual tours-training. <i>Examples:</i> Little Free Library (LFL Steward), Badgr.com, Virtual Tour of animal sanctuary. Make activities are done by hand or using tools to make physical things. <i>Examples:</i> "Hat Not Hate" Anti-Bullying (knit, crochet, loom kit), paint "book bricks", make signs for an animal sanctuary or letter-bead bracelets.
Is YTB free?	Yes, YTB is free, there is no cost for youth. YTB provides any supplies needed for projects.
Can I try YTB?	Yes. You make the decisions on what you want to do and how much you do.

YTB Project Themes

- Community Garden
- Help at an event
- Write postcards
- Park clean-up
- Run errands

Care4
Community
- Serve

- Logo Design
- Video Editing
- Technical Support
- Digital Maps
- Create Poster

Apps4
Community
- Design

YTB Community C.A.L.M.

Learn4
Community
- Connect

- Virtual Tours
- Little Free Library
- Training, Tutoring
- Virtual Workshops
- Badgr.com: digital badges

Make4
Community
- Build

- “Hat Not Hate” anti-bullying, knit, crochet
- Signs-4-Sanctuaries
- Paint “book bricks”
- “Name” Bracelets

Youth TimeBanking * YTBRN.org

Is YTB is right for me?

- You are 14-25 years old – Generation Z, YTB4GenZ, or parent-school support.
- You like helping others.
- You like learning about community.
- You enjoy making things or using technology.
- You have 1 hour per week to work on community projects or activities.

How to get started with YTB

- Instructions at [YTB CheckIn](#)
- Sign up for [YTBnotify](#)
- Complete YTB form: [Consent-Agreement](#).
- Join YTB Orientation.
- Participate in a YTB project.
- [Report your YTB service](#) time via text message.
- Complete the online [YTB SCANS form](#) once a month.

Examples of YTB Projects

- Participating in “HatNotHate” and making a hat or scarf.
- Being part of a team to look after a “Little Free Library”.
- Designing signs to make for an animal sanctuary.
- Creating postcards and sending thank you notes.
- Learning how to use software apps like Flipgrid, Canva, Spark.
- Community Gardening.

Benefits for Youth in YTB

- Fulfill school service requirements
- Earn cell phone minutes
- Sponsor a resident of an animal sanctuary
- Connect to cross-age peers or professionals
- Internship for school
- Online training
- Software subscription
- Supplies for arts-crafts
- Knit-crochet instruction
- Job reference
- Letter of recommendation
- Cooking supplies
- Help with LinkedIn profile
- Conference registration
- New people-places-things
- Project opportunities



Get started with YTB

Answer some or all questions

Change your answers any time your answers change

YTB is better together 😊

[Complete form online](#)



<u>2 Things...</u>
Bucket List: 2 things I want to do before I'm 25. 1. 2.
Gratitude: 2 things I am grateful for recently or this year. 1. 2.
Likes: 2 things I like to do every day or at least once a week. 1. 2.
B.O.M.s (Best of Me): 2 things I am proud of that I did recently. 1. 2.
Helping: 2 things I want to do to make life better for someone. 1. 2.
Wishes: 2 things I would like help with to change or improve. 1. 2.



YTBRN.org

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[Instagram.com /YTB_NJ](https://Instagram.com/YTB_NJ)